

## Grade 3, Chapter 20 – The Holy Eucharist

Bible story connections:

- John 6:53-58
- 1 Corinthians 11:23-30

Social Justice tie-in:

- Corporal Work of Mercy: Give Food to the Hungry – The Eucharist is food for our souls. Reach out in love to feed the physically hungry by organizing a canned food drive or even volunteering at a soup kitchen.

Discussion Questions:

- How should we prepare ourselves to receive the Holy Eucharist?
- Why is it special to come to the church to pray sometimes?

Memory Work (Baltimore Catechism):

343. What is the Holy Eucharist?

*The Holy Eucharist is a sacrament and a sacrifice. In the Holy Eucharist, under the appearance of bread and wine, the Lord Christ is contained, offered, and received.*

344. When did Christ institute the Holy Eucharist?

*Christ instituted the Holy Eucharist at the Last Supper, the night before He died.*

345. Who were present when Our Lord instituted the Holy Eucharist?

*When Our Lord instituted the Holy Eucharist the Apostles were present.*

## Catholic Brain Connections:

### Coloring pages

[Institution of the Eucharist](#)

[The Eucharist](#)

[The Eucharist – Color by Numbers](#)

[Receiving the Eucharist](#)

[Word Search](#)

### Games

[Name Match](#)

[Memory Match](#)

[Fill in the Blank](#)

### Songs

[You Are the Bread of Life](#)

### Videos

[Adventure Catechism – What is the Eucharist?](#)

[The Holy Eucharist explained](#)

[Bible Story – Institution of the Eucharist](#)

[The Bread of Life – Brother Francis](#)

[The Holy Eucharist explained](#)

[Prayer Before the Eucharist](#)

## Family Page: Ch. 20 – The Holy Eucharist

### Review:

#### Vocabulary

- Eucharist – The Body and Blood of Jesus, given to us as food. At Mass, bread and wine truly become Jesus's Body and Blood.
- Holy Communion – When we receive Jesus in the Holy Eucharist at Mass
- Monstrance – The special gold case that the Eucharist is sometimes displayed in so we can adore Jesus.

1) Who is truly present in the Eucharist?

*Jesus*

2) When did Jesus give us the Eucharist?

*The Last Supper*

3) Where is the Eucharist kept in the church?

*The tabernacle, identified by a lit candle to signify Jesus's presence*

### Discussion Question:

Why is the Eucharist called the "Blessed Sacrament"?

### Activity:

Ask your parents about their First Holy Communion. Let them share what they remember about the experience with you, and how the Eucharist has affected them. If possible, ask your grandparents, too.

***You are Precious to God!***